



THE UNIVERSITY *of York*

Do you have experience of feeling depressed during pregnancy?

An ongoing study at the Mother & Infant Research Unit, University of York is aiming to improve the care of pregnant women who feel depressed during pregnancy.

We particularly want to hear women's experiences of the ways in which midwives and GPs have or have not been helpful.

We would be most grateful for your postings on this site telling us about your experiences.

- Maybe you did not want to talk to your midwife or GP. If so, we'd be interested to know why not.
- If you did talk to them, was it easy to do?
- Was there anything that they did which made it easier or more difficult?
- Were they able to help?

We look forward to your postings. Anything around this topic will be potentially useful to us in helping to improve women's care. We may publish excerpts of your postings in journal articles but we will ensure that they are not identifiable as belonging to you.

The study is funded by an independent charity, the Burdett Trust, and has been approved by the Health Sciences Research Governance Committee at the University of York. If you would like to know more about the Mother & Infant Research Unit, please see www.york.ac.uk/healthsciences/research/miru.htm

Thank you, in advance for your help which is much appreciated.

Please note that we will not be responding to postings here other than to say thank you. Please continue to use the antenatal message board if you are seeking advice and support.